



# Together We Will Thrive

*WillowWood's guide to a safe return in 2020*

Practices listed in this document will describe the healthy and safe practices WillowWood School will adopt to optimize the safety of our families and employees during the 2020-21 school year:



**WillowWood**  
*limitless learning*

## TABLE OF CONTENTS

<b>OVERVIEW</b>	4
COVID Transmission	4-5
<b>HEALTHY SCHOOL PLANS</b>	5
Health Screening	5
Daily Self-Screening for Students	6
Symptomatic Child at Home	7
Symptomatic Child at School	7
Social Distancing	7
Traffic Flow	8
Face Masks and Face Coverings	8
Hand Washing and Sanitizing	8-9
Sanitation and Cleaning Procedures	9
Sanitation Products	9
Outbreak and Case Management Plan	10
<b>FACILITIES, COMMON AREAS AND CLASSROOMS</b>	10
Classrooms	10
Cafeteria	10
Washrooms	10-11
Water Bottle-Filling Stations	11
Ventilation	11
<b>MODIFIED SCHOOL ROUTINES</b>	11
Morning Arrival	11
Breaks and Recesses	11
Lunchtime	11
Afterschool	12
<b>Lower and Middle School Daily Routines</b>	12
Morning Entry	12
Bathroom Breaks	12
Lunchtime and Recess	13
Support Programs	13
After School	13
Aftercare	13
<b>High School Daily Routines</b>	14
Arrival	14
Day Schedule - Grade 9 and 10	14
Day Schedule - Grade 11 and 12	14
Lunchtime	14
<b>INTERNATIONAL STUDENT CONSIDERATIONS</b>	15
Prearrival Plan	15
Student Quarantine Protocol	15-17
Post Quarantine Requirements	17

Testing Plans.....	17
Notifying Local and Provincial Authorities.....	18
<b>EDUCATIONAL MODIFICATIONS.....</b>	<b>18</b>
Synchronous Online Learning.....	18
Outdoor Learning.....	18
Computer Learning.....	19
Physical Education.....	19
Entry to Gymnasium.....	19
Change Rooms Protocol.....	19
Exit from Gymnasium.....	19
Sanitation.....	19-20
<b>MENTAL HEALTH &amp; WELL BEING.....</b>	<b>20</b>
<b>SCHOOL ATTENDANCE POLICIES.....</b>	<b>20</b>
<b>SAFE PRACTICES TRAINING.....</b>	<b>20</b>
<b>VISITOR PROTOCOLS.....</b>	<b>21</b>
<b>PREVENTION OF TRANSMISSION.....</b>	<b>22</b>
Designated Isolation Areas.....	22
Contact Tracing.....	22
Communication of Outbreak.....	22
<b>SITE CLOSURE – REMOTE INSTRUCTION.....</b>	<b>23</b>
<b>RESOURCES/REFERENCE.....</b>	<b>24</b>
<b>APPENDICES.....</b>	<b>25</b>
Appendix A - How Does COVID Spread?.....	25
Appendix B - Traffic Flow Traffic Flow and Entry/Exit Point Map.....	26
Appendix C - How to Wear a Non-Medical Mask.....	27
Appendix D - How to Wear a Cloth Mask.....	28
Appendix E - Features of a Good Cloth Mask.....	29
Appendix F - Cafeteria Layout and Seating Arrangement.....	30
Appendix G - Water Bottle Filling Station Sign.....	31
Appendix H - Water Bottle Filling Station Locations.....	32
Appendix I - Agencies.....	33
Appendix J - Confirmation of Quarantine Requirements.....	34
Appendix K - How to Wash Hands.....	35
Appendix L - How to Sanitize Hands.....	36
Appendix M - Visitor Protocol I.....	37
Appendix N - Visitor Protocol II.....	38
Appendix O - Health Check Self-Assessment.....	39
Appendix P - COVID-19 Policy Acknowledgement Form.....	40
Appendix Q - Quarantine Protocol.....	41-42
Appendix R - Quarantine Protocol (Korean).....	43-46
Appendix S - Quarantine Protocol (Chinese Simplified).....	47-50
Appendix T – COVID-19 Decision Making Tool for School Students.....	51

## OVERVIEW

Since March, the goal of WillowWood School has been to continue to deliver a comprehensive learning program while working to establish healthy and safe practices to protect our families and employees going forward. We are working hard to prioritize the safety and well-being of all of our families, teaching staff and students (domestic and international) while restoring on-site instruction and personal connection between all involved. The following protocol will remain in place for as long as required by the various levels of government in Canada.

In preparation for the 2020-21 school year, WillowWood has consulted medical professionals as well as resources from:

- The Ontario Federation of Independent Schools
- Sick Kids Toronto
- The Ontario Ministry of Education
- The Canadian Federal Government
- The World Health Organization
- Health Canada
- Toronto Public Health

In addition, we conducted surveys amongst the parent community and employees to better understand their questions and concerns. This guide will provide your family with an overview of our plans to return safely back to school in September.

We will update these plans throughout the year and as more information becomes available as we are in regular contact with both Toronto Public Health and the Ministry of Education.

If you have any questions, please email us at [info@willowwoodschool.ca](mailto:info@willowwoodschool.ca) and we will address them via email. We look forward to another year of limitless learning.

### COVID-19 Transmission (see Appendix A)

COVID-19 is transmitted via liquid droplets when a person coughs or sneezes, but also potentially when a person is talking in very close proximity to another person. The virus in these droplets then can enter the body of another person when that person breathes in the droplets or when the droplets touch the eyes, nose, or throat of that person. COVID-19 can also be transmitted through aerosolized droplets (<5 µm) that remain in the air and can travel longer distances. Guidance suggests that transmission through aerosolized droplets is primarily a risk indoors not outdoors, particularly in poorly ventilated settings.

COVID-19 can also be transmitted through droplets in the environment if someone touches a contaminated area then touches their face without cleaning their hands. The virus does not enter the body through the skin, it enters through the eyes, nose, or mouth when a person touches his or her face.

There are some emerging indications that there are people who can shed COVID-19 virus 24 to 48 hours prior to symptom onset, but at present, it is not known whether this is a significant risk factor for transmission. Droplet and aerosolized droplet transmission is much more likely when in close contact in an indoor setting. Transmission is less likely in an outdoor setting, where there is more space for people to keep physically distanced.



For more information and COVID resources, please visit our COVID Policy Update page on myWillow <https://willowwoodschooll.myschoolapp.com/app/#login> (myWillow → Resources → COVID Policy Update)

## HEALTHY SCHOOL PLANS

As per the recommendations of Sick Kids Hospital in the document, COVID 19 – Guidance for reopening, <https://www.sickkids.ca/PDFs/About-SickKids/81407-COVID19-Recommendations-for-School-Reopening-SickKids.pdf> as well as those of Toronto Public Health, The Ontario Ministry of Education, and the Federal, Provincial and Municipal governments, WillowWood School will return to full time classes in September 2020. Considerable thought has been given to the benefits and negatives of a return to classes and we believe that under the following guidelines, a safe return is warranted. Please note that we will continue to offer a synchronous learning option for those students whose families wish them to learn from home.

### Health Screenings

WillowWood School will require that parents confirm each morning their student's temperature is not greater than 38°C (100.4°F) and that they are symptom free before departing for school. Please understand that should a student be found to have a temperature of greater than 38°C (100.4°F), the student will be sent home. High school and Middle school students and staff will enter through the front door of the school where their temperatures will be scanned and the wearing of a facemask to enter the building will be confirmed. Lower school students will enter either through the back door of the school near Melissa's classroom (grades 1-4) or through the side playground door next to Jenn's room (grades 5-6). Temperatures will be scanned at each entrance. No parents or visitors will be allowed into the building without an advanced/scheduled appointment.

Ultimately, students, staff and all faculty should stay home OR be sent home if any of the following occur. In accordance with the Ministry of Health, symptoms are divided into two groups

#### Group 1

- Temperature greater than 38°C (100.4°F)
- New cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell

#### Group 2

- Sore throat, painful swallowing
- GI (vomiting or diarrhea)
- New rash, muscle aches, or headache
- Chills or repeated shaking with chills
- Exposure to someone who is ill or displaying symptoms, or diagnosed with COVID-19

## Daily Self-Screening for Students

1. Every student must complete a daily self-screening questionnaire before going to school. Students with chronic symptoms due to a medically diagnosed condition other than COVID-19, should look for new, different, or worsening symptoms. Please use the screening tool provided at [Coronavirus \(COVID-19\) school screening \(ontario.ca\)](https://www.ontario.ca/coronavirus/school-screening). In most scenarios, students may be excluded from school:
  - A. If the student has been in close contact with a person who has COVID-19, the student will need to self-isolate for 14 days, even if they don't have symptoms. If the student has symptoms, their household members will need to stay home and self-isolate until COVID-19 is ruled out.
  - B. If the student has travelled outside of Canada they must self-isolate for 14 days. Their household members do not need to self-isolate if they have not travelled, if they don't have symptoms of COVID-19, and if they are not a close contact of a positive case.

Students without symptoms:

If a student does not have symptoms of COVID-19, he/she may attend school, if they are not a close contact (A) or have travelled outside of Canada (B).

Students with symptoms:

1. If a student has any new or worsening symptoms of [fever, cough, difficulty breathing or loss of taste/smell]: The student must stay home, self-isolate, and get tested or contact their health care provider. The student's household members will have to self-monitor for symptoms. They may go to school or work if they don't have symptoms, and the student is not a close contact of someone with COVID-19 (A).
2. If a student has ONE of the following symptoms of [sore throat, stuffy/runny nose, headache, nausea/ vomiting/diarrhea, muscle ache/fatigue]: The student must stay home for 24 hours. If the symptom is improving, they can return to school 24 hours later. Testing is not needed. If the symptom is not improving after 24 hours or is getting worse, the student should stay home, self-isolate and get tested or contact their health care provider.
3. If a student has TWO of the following symptoms of [sore throat, stuffy/runny nose, headache, nausea/ vomiting/diarrhea, muscle ache/fatigue]: The student must stay home, self-isolate for 10 days, and get tested or contact their health care provider.

Please see Appendix Q, R, and S for more information with regards to protocols for

- Students with Laboratory Confirmed Positive COVID-19 Test
- Students with Negative Test
- Students who are not tested – Alternative Diagnosis
- Students who are not tested for COVID-19
- Student's who are close contacts of someone with COVID-19

Infected cohorts or classes may be asked to stay home until the incubation period has passed should a case be confirmed. The school will have signage instructing anyone entering the

school property to NOT ENTER if they meet any of the criteria listed above. The whole community relies on your honesty and integrity to keep the school safe.

An important component of limiting the impact of COVID-19 in our school is parent's vigilance about their child's health. We want to affirm parent responsibility in monitoring their child's symptoms and overall health as well as parental discretion in keeping their child at home whenever they are ill. WillowWood School will monitor student absences for trends or patterns.

### Symptomatic Child at Home

- We are requiring that you screen your child every day at home before school for symptoms and keep them home if they display any.
- We need this cooperation from our families to keep the school as safe as possible.
- We are asking that if your child shows any symptoms that you take them for medical advice and we recommend that you get them tested.
  - If you have your child tested and he/she/they test negative for COVID-19, they can return to school after being symptom free for 24 hours.
  - If you choose not to test them, we are asking that you keep your child home for at least 48 hours to ensure symptoms have disappeared.
  - If a student tests positive, they will need to stay home for a minimum of 14 days.

### Symptomatic Child at School

If we identify symptoms at school:

- We will isolate any students that show symptoms and will require that parents pick them up within an hour of being notified.
- A staff member will stay with them in full personal protective equipment until the parent arrives.
- We ask again that symptomatic individuals seek medical advice and that they get tested.

### Social Distancing

Social distancing will require our school's administrators to develop unique plans that address the space and resources available. These safety standards reflect the policies outlined by the Ministry of Education, SickKids© Toronto, Toronto Public Health, the City of Toronto, and the Provincial Government of Ontario.

Each teacher will tailor social distancing plans to meet the needs of the students in their care. Examples of social distancing will include:

- Increased space between students by arranging seating to maximize space between desks.
- Clearly mark all hallways and rooms for traffic flow, social distancing, entering, and exiting the building
- Adherence to our cohort caps at 16 where space is possible for all grades and courses
- All desks arranged so that 6 feet of distancing is maintained

## **Traffic Flow** (see Appendix B)

We will adopt a model which will create space between students and their teachers and avoid unnecessary contact or movement within the personal space of each student.

This includes but is not limited to:

- Place markers on the floor for both desks and classroom lineups.
- Directional arrow markers on the floor to direct traffic coming and ongoing and as a reminder of areas that are six feet apart during arrival and classroom changes
- Students and staff will “keep to the right”.
- Students and staff will “stop and check” before proceeding at all entrance ways, narrow hallways, and bathrooms.
- Stairways will be one way only (except the small stairs in the C hallway and the ones leading into the cafeteria)

In addition, our principals and teachers will:

- Have staggered entry/start times
- Modify classes or activities to minimize close social contact, congestions or movement in special programs and electives such as P.E., Art, Music etc. if sanitation requirements are met.
- Reduce congestion in common areas (school office, gym, hallway etc.)
- Minimize face-to-face interactions by designating one-way hallway traffic when possible and designating certain doors and times for entry and exits
- Modify lunch, field trips, assemblies, and other group activities to avoid mixing students in large common areas.
- Place physical barriers such as plexiglass at reception/admin desk

## **Facemasks and Face Covering** (see Appendix C-E)

Face masks prohibit spread of the virus. WillowWood is adopting the following guidelines for face masks:

- As per the Sick Kids recommendations, students and staff will always be expected to wear facemasks while in the school and to maintain social distancing.
- Masks will not have to be worn during lunch while seated and eating.
- Masks will also be required on the bus (if available).
- When students are outside and six feet from others, they do not have to wear face masks.
- Each student should have a minimum of two cloth face masks that they can exchange and wash daily.
- Students with health issues that are negatively impacted by wearing masks will be accommodated.

Masks should:

- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Not contain vents
- Allow for breathing without restriction

- Be able to be laundered and machine dried without damage or change of shape or be disposable daily
- Cover both the nose, the mouth, and the chin

## Hand Washing and Sanitizing

Students and staff will be required to follow hand washing and sanitizing protocols. The following guidelines will assist with this process:

- Sanitizing stations will be available at all exits and entrances to the building as well as in all classrooms
- Signage reminding of hand-sanitization as well as instructions for good habits will be placed at all entrances and in all washroom facilities.
- Verbal reminders will be given both upon entry to the building as well as before/after various activities including:
  - Lunchtime and breaks/eating
  - Physical activities such as PHE classes

## Sanitation and Cleaning Procedures

Because of concern that infectious viral particles can land on surfaces through coughing, sneezing, talking, and laughing, as well as travel airborne, WillowWood School is adopting extensive sanitation and cleaning procedures including:

- Posting signs throughout the school encouraging proper hand sanitization and respiratory hygiene practices (covering coughs and sneezes) (see Appendix
- Continuous cleaning throughout the day, using state of the art disinfecting materials with special attention given to high-touch areas such as light switches, desks, toilets, faucets, sinks and handrails
- Reducing touchable objects (leaving interior doors open, etc.)
- Lunchtime disinfectant misting of classrooms
- Nighttime disinfectant misting of entire school
- Making hand cleaning supplies readily available in all areas.

## Sanitation Products

All sanitation products used at WillowWood School meet requirements set by the World Health Organization:

- Hand sanitizers will be available in most classrooms as well as in the hallways at key points. Hand sanitizers used are Purell® Advanced Green Certified Gel and Purell® Advanced Moisturizing Foam Hand Rub. The main active ingredient in both sanitizers is 70% ethyl alcohol.  
<https://www.gojo.com/Product-Catalog/Hand-Sanitizer>
- Victory Electrostatic Sprayer®: used during or after lunch periods and at night.  
<https://victorycomplete.com/>
- Unitab® Disinfectant and Sanitizing Tablets used (bleach alternative)  
[https://www.dustbane.ca/uploads/resource\\_library/Brochure/English/UniTab-General-en-sm.pdf](https://www.dustbane.ca/uploads/resource_library/Brochure/English/UniTab-General-en-sm.pdf)

- Maxill® Minuteman NextGen Disinfectant Wipes for surface disinfectant for high touch areas:  
<https://www.maxill.com/ca/products/infection-control/disinfectants/tb-minuteman-next-gen-disinfectant.html>

## Outbreak and Case Management Plan

WillowWood School will comply with all orders and guidelines from:

1. Toronto Public Health
2. Ontario Ministry of Education
3. Federal, Provincial and Municipal governments

Through direct communication with assigned Toronto Public Health nurse as well as indirect communication with all levels of government, we will maximize all resources to provide a safe, healthy environment while being ready for any complications that may ensue as a result of both potential and confirmed cases of COVID 19.

In the event of an outbreak, in addition to taking direct guidance from Toronto Public Health WillowWood School does the following:

Assigns Fred Howe, Principal, as the liaison and point of contact for the school  
Contact information: Phone: 416 444 7644  
Email [fredhowe@willowwoodschool.ca](mailto:fredhowe@willowwoodschool.ca)

## FACILITIES, COMMON AREAS AND CLASSROOMS

### Classrooms

All seating in classroom has been arranged so that students are at minimum 6 feet apart. Where needed, plexiglass dividers have been installed where adequate distancing was not possible. Special markers have been placed under each desk to ensure that they are not moved during the course of the day.

Classrooms will be sanitized twice daily.

Classrooms will be equipped with hand sanitizing stations or hand sanitizer dispensers.

### Cafeteria (see Appendix F)

- The cafeteria will only be used by high school students.
- The seating plan has been reconfigured to ensure that all students are at least 6 feet apart.
- Students will sit contralateral to one another. Seats adjacent to them will be left empty.
- No food or snacks will be sold.
- Tables will be equipped with plastic dividers between students, as masks will not be worn by students while they are eating.

### Washrooms

- One touch faucets have been installed

- Air dryers have been installed
- High touch areas will be wiped hourly
- Washrooms will be cleaned hourly
- Social distancing measures in place for only one student in the washroom at a time
- Monitoring restrooms for adequate hand soap

### **Water Bottle Filling Stations**

- Previous touch-engaged water fountains have been replaced or decommissioned. There will now be a total of 3 water fountains in the school.
- High school students will have access to touchless water stations in the cafeteria and the C hallway. They must use whichever station is closest to their classroom.
- Middle school students may use the touchless water bottle filling station in the cafeteria
- Lower school students will have water bottles filled by their teacher during designated breaks at the cloakroom water station. (See Appendix G and H)

### **Ventilation**

- Opening windows and doors wherever possible
- Changing filters to MERV level 13 rated for Doctor's offices and maintaining strict replacement schedules
- Providing fans and or air purifiers as needed to maintain healthy air.

**Lockers** - will not be used. This applies to all grade levels.

**Fitness Room** - will not be used. This applies to all grade levels.

## **MODIFIED SCHOOL ROUTINES - GENERAL**

### **Morning Arrival**

Student arrival is staggered by grade level and classrooms. They will queue, socially distanced at their designated school entrance, to have their temperature read using our biometric temperature reader (front door) or a hand-held temperature reader (rear and side doors). Students may enter the school provided that their temperature reading is below 38°C (100°F). The school assumes that parents have screened their child at home for symptoms.

### **Breaks and Recesses**

- Students will practice good hygiene by washing their hands prior to heading outside to play and upon returning inside.
- All shared equipment will be sanitized after use
- Students will remain with their homeroom classes or course as much as possible so that they are not crossing cohorts. Cohort areas will be designated and rotated periodically.

### **Lunchtime**

- Lunch time will occur within the student's homeroom classroom with their homeroom teacher supervising for Lower and Middle School students. If pre-ordered, cafeteria boxed lunches will be delivered by staff wearing gloves and facemasks. No other cafeteria services will be available at this time.



- High school students will enter designated eating areas in the cafeteria and gymnasium to allow 6ft social distancing during eating times.
- Students should bring a lunch, litterless and in a re-useable container, if possible
- Students should bring a water bottle labelled with their name.
- Student can pre-order lunch packages
- No sharing of food

## Afterschool

Please also note that unfortunately no students will be allowed to remain in the building unless they are participants of the aftercare program.

## Lower School and Middle School Daily Routines

Students are to arrive according to the schedule below. Students will queue, socially distanced to have their temperature measured. Once a reading has been taken, they are to proceed directly to class.

### Morning Entry

To prevent congestion and agglomeration, students will enter through one of three designated entrances at a designated time. These have been assigned by grade level (see charts below)

- Back Entrance - East side of school (near playground; Melissa's room)
- Side Entrance - South side of school (near basketball court and tent; Jen's room)
- Front Entrance - West side of school (off Scarsdale Road)

Program	Time	Entrance
Before Care/Keyboarding	7:55 - 8:05 am	Back

Grade	Time	Entrance
1	8:45 am	Back
2	8:45 am	Back
3	8:55 am	Back
4	8:55 am	Back
5	8:45 am	Side
6	8:55 am	Side
7	8:45 am	Front
8	8:55 am	Front

All students are asked to arrive at school as close to their entry times as possible, as the playground and basketball court area are not supervised before 8:40 am. See Appendix B for designated entry and exit points for different grade levels.



## Bathroom Breaks

- Signs placed in the lower and middle school hallways (B and A, respectively) will be 'flipped' to either 'green' (if the washroom is available) or 'red' (if the washroom is occupied).
- Students will be taught how to flip the sign before and after using the washroom.
- Teachers will check these signs from their doorway, before permitting a student to leave the classroom to go the washroom and to ensure compliance.

## Lunchtime and Recess

Students will remain with their cohort. Lunch will be served in students' homeroom. Pre-ordered lunchboxes from the cafeteria will be delivered to their classroom at their designated lunch time. Parents will be asked to complete electronic order forms 5 days ahead of time.

## Support Programs

Support Programs will run as usual over the course the day. Each morning and afternoon session will be assigned to a single cohort. The Support Program room will be completely sanitized each day at the end of the morning and afternoon sessions.

## After School

Lower and middle school students will be dismissed at the following times and exit through the same door they used to enter the school in the morning:

Grade	Time	Entrance
1	3:00 - 3:15 pm	Back
2	3:00 - 3:15 pm	Back
3	3:00 - 3:15 pm	Back
4	3:00 - 3:15 pm	Back
5	3:00 - 3:15 pm	Side
6	3:00 - 3:15 pm	Side
7	3:00 - 3:15 pm	Front
8	3:00 - 3:15 pm	Front

Lower school students will be dismissed individually upon arrival  
Middle school students will be dismissed alphabetically.

## Aftercare

- Students will stay in their homeroom until 4:00 pm.
- Aftercare will commence at 4:00 pm in classroom B2
- Dismissal is at 6:00 pm.

## High School Daily Routines

### Arrival

Program	Time	Entrance
Homework Hub/ TOSS Support	8:45 - 9:00 am	Front

Grade	Time	Entrance
9	9:30 - 9:45 am	Front
10	9:30 - 9:45 am	Front
11	9:45 - 10:00 am	Front
12	9:45 - 10:00 am	Front

### School Day Grade - 9 and 10

Period	Time	Location
HH/TOSS	8:45 am - 9:30 am	
1	9:30 am - 12:00 pm	
Lunch	12:00 - 12:45 pm	Cafeteria/Gym
2	12:45 - 3:10 pm	

### School Day Grade - 11 and 12

Period	Time	Location
HH/TOSS	9:00 am - 9:45 am	
1	9:45 am - 12:15 pm	
Lunch	12:15 - 1:00 pm	Cafeteria/Gym
2	1:00 - 3:25 pm	

### Lunchtime

High school students that do not bring a lunch or pre-order one from the cafeteria, are permitted to leave the site and purchase it elsewhere (although this discouraged).

All returning students (and staff) must enter through the **main entrance** to be screened. Please keep in mind that a 45-minute lunch will restrict off-site options.

- Tables will be set up in the Cafeteria and Gym with 2m / 6ft distancing of tables (see Appendix F)
- Plastic screens are to be placed to divide up circular, 8ft rectangular and attached seating tables
- Staff on duty will reinforce the need to limit numbers at individual tables and prevent moving between tables
- Students are to be encouraged to wash and sanitize hands prior to touching food and eating
- Face masks should be placed in a plastic Ziploc bag or on a piece of paper prior to eating to maintain cleanliness

- Face masks should not be handled unnecessarily or placed in pockets for storing during eating (See Appendix C and D)
- Students are not to share food and will be reminded of this rule if seen by, or reported to, duty staff
- Once students have eaten, they will be expected to clear away their eating space and sanitize and / or wash hands
- Students will be able to gather in physically distanced groups either inside the Gym or outside (canopies available) once they have finished eating. Various activities will gradually be introduced as the quadmester progresses
- Students are not allowed to eat or gather in the hallways during lunchtime and will be told to go to the Gym or outside if found doing so

## INTERNATIONAL STUDENT CONSIDERATIONS

WillowWood School will be offering a full re-entry plan for international students and co-arriving family members which follows a normal five-day school week routine of full in-class instruction with enhanced public health protocols as per the details in the document “Together We Will Thrive: WillowWood School COVID-19 Policy”.

### A. Prearrival Plan

It is legally required that all international students arriving from outside of Canada be required to Quarantine themselves for 14 days after arrival and to be tested for COVID 19 during this time as per the Canadian Quarantine Act: <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/2019-novel-coronavirus-information-sheet.html>.

Any student that breaches the self-isolation requirement or any directives in this protocol will be subject to expulsion from WillowWood School and reported to both Toronto Public Health and Immigration Canada.

1. Communication of prearrival requirements will be communicated either directly to the parents or the agency managing the international students via email and messaging on the school's information system, *myWillow* including:
  - Self-monitoring of symptoms
  - Use of the ArriveCan app
  - Individual accommodations must meet the standards of the Canadian government for a suitable place to quarantine and they must have the necessities of life.
2. Parents, guardians and students will be referred to the ArriveCan app <https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca/confidentialit%C3%A9> and asked to complete the required information within 48 hours after arrival and for daily symptom reporting.

### B. Quarantine Protocol

1. WillowWood School has appointed agencies to ensure appropriate homestay arrangements are made according to the requirements of TPH and the Government of

Canada. See Appendix I for a complete list of all agencies working with WillowWood School.

2. A local custodian will be appointed to the student while in Canada.
3. The agencies will arrange for the students to quarantine with their homestay family following the guidance of the Canadian government. Students will have separate living and washroom facilities. Guardians will report the specifics of the homestay isolation accommodations to WillowWood school for approval. Guardians will ensure access to medical services and testing opportunities as required and needed by the student; these also must be reported to WillowWood School by the guardian.
4. The homestay families have consented to having the student quarantined in their home.
5. During the mandatory 14-day quarantine, the Homestay Parent(s) and the agency Staff will be monitoring the student for any symptoms of COVID-19, issue with quarantine, or essential needs, and report them to WillowWood School via phone call, email, or messaging through the myWillow system. As well, the student will report any symptoms they develop, their need for medical care and/ or testing for COVID-19 to the host family and/or guardian for reporting to the school.
6. The student will be fully supported during the quarantine period for food, medication and other necessities. The student will not be permitted to leave the homestay property as per quarantine regulations.
7. The agencies, in consultation with WillowWood School, will also arrange transfer services for the student and any co-arriving immediate family member(s) on arrival at the Pearson International Airport, directly to their homestay. Students and their families will be required to wear a mask during this transfer to the homestay. Students and any co-arriving immediate family members must follow all guidelines for travel from the point of arrival to the isolation destination including:
  - Screen for symptoms of COVID-19 upon arrival
  - Go directly to your place of quarantine without delay and stay there for 14 days from the date you arrived in Canada.
  - You must wear a suitable, new non-medical mask or face covering while in transit provided by the guardian, unless you are alone in a private vehicle.
  - Practise physical distancing and hand sanitizing hygiene at all times.
  - Where possible, use only private transportation such as a private vehicle to reach your place of quarantine.
  - Avoid contact with others while in transit:
    - Remain in the vehicle as much as possible
    - If you need gas, pay at the pump
    - If you need food, use a drive through
    - If you need to use a rest area, put on your mask and be mindful of physical distancing and good hygiene practices.
8. The school will review the checklist Appendix Q with the agency and guardian to ensure support for:
  - Food and Water
  - Medical care (virtual or in-person) including testing
  - Mental Health supports

- Social supports
  - Phone and internet services
  - Environmental cleaning of facility
  - The agencies will also purchase medical insurance through WillowWood School for the students to cover their time in Canada. Additional costs associated with quarantine will be covered by the school.
9. The International student will be tested for COVID-19 at least once during their Quarantine and will report and symptoms and/or positive test results immediately to WillowWood School. Guardians should use the following website for testing centres near them: <https://www.toronto.ca/home/covid-19/covid-19-what-you-should-do/covid-19-have-symptoms-or-been-exposed/covid-19-assessment-centres/>
  10. Should any International student receive a positive test result, WillowWood School will require to the student to remain in Quarantine for 14 days from the time of being symptom free. During this time, in cooperation with the student guardian and agency, WillowWood School will ensure self-isolation facilities and essential care services continue to be provided to the student(s) and their immediate family members. As stated above, WillowWood School will follow all directives from Toronto Public Health to ensure containment of the outbreak.
  11. Any international student who does not wish to proceed with their study at WillowWood School as a result of the enclosed COVID-19 policies, will be provided tuition refunds as per the modified school refund policy.

### **C. Post-Quarantine Requirements**

1. WillowWood School requires that students submit the form, Confirmation of Quarantine requirements prior to returning to school (See Appendix J). This is to be place in the student's school file.
2. The school will support International students and their families after completion of the 14-day period by providing the following:
  - As is the case with all WillowWood families, ongoing communication will be made via MyWillow, email, and if necessary, phone call, to ensure families have access to all resources such as school policies and any updates to COVID-19 regulations in Ontario.
  - Staff dedicated for counseling for mental health, anti-racism and COVID-19 stigma: Dena Tenenhouse.
  - Staff dedicated to mitigating social barriers in supporting students complying with COVID 19 infection control practices: Andy Hall and Jill Block.
  - Referrals to primary health care, mental health services, social services will be done with the assistance of one of the above noted staff in cooperation with the parent and/or guardian of the student(s).
  - WillowWood school requires that the host designate (agency and guardian) provides written agreement to continue to provide services in the event the student or their co-arriving family members require an extension of their quarantine period.

## Testing Plans

1. WillowWood school will require the guardian to schedule COVID 19 testing at one of the following centers and confirm the booking with the school.  
<https://www.toronto.ca/home/covid-19/covid-19-what-you-should-do/covid-19-have-symptoms-or-been-exposed/covid-19-assessment-centres/>
2. WillowWood School requires that the guardian report the full details on how the will be transported to and from the testing center including providing masks, protective equipment, social distancing and protocols for limiting any unnecessary contact with any other person while outside of quarantine for test purposes. WillowWood school is to assist with any complications in this area.

## Notifying Local and Provincial Authorities

WillowWood School will notify TPH and provincial authorities should we discover any compliance issues with the 14-day quarantine. We will also notify TPH and the provincial authorities of any students who test positive for COVID-19 during quarantine. Agencies will inform the school of any situations as above and the Principal, Fred Howe or his designate, will inform the authorities as above.

## EDUCATIONAL MODIFICATIONS

All WillowWood students will have the option of at-home synchronous learning or at-school in-class learning. Students may move from home learning to school learning, and vice versa, at any time. However, we would appreciate knowing if you plan to keep your child at home learning synchronously to begin the year. Please inform us of any intent to change your child's learning routine over the course of the school year.

### Synchronous Online Learning

Should a child be required to stay home due to symptoms and/or exposure to COVID-19, families will be offered a chance to take part in synchronous/on-line learning.

Synchronous learning will coincide with the student's regularly scheduled day with the teacher providing live zoom connections for most curriculum classes. Work assigned that day will be due by the end of the day and can be either scanned or sent via a picture document for the teacher to mark and assess.

All lessons will be videoed in real time. Any student who is unable or chooses not to attend classes in person, will be access to all lessons as they are taught. This might result in less personal teacher-student interaction during the actual teaching of the lesson, but teachers will arrange to 'meet' with the student at a letter time.

- Lower and middle school students can arrange to meet their teacher at the end of class or at the end of the school day.
- High school students can attend Homework Hubs virtually from 9:00 - 9:45 am if they have made an appointment with their teacher before 5:00 pm, the previous day.

Should a family not have access to the internet or the needed media to take part in live zoom classes, the day's assignment will be posted on the child's myWillow (formerly Blackbaud) for them to stay on top of assignments and learning. MyWillow information will be provided at the beginning of the school year and will be available throughout the year to be prepared in case another outbreak and lock-down is mandated by the government.

## Outdoor Learning

It will be important for students to have regular breaks outside and to have the opportunity to learn outside as often as possible. WillowWood has purchased several canopies, chairs, tables for this purpose, but we could use your help. If you have any commercial grade canopies you could loan us for the Fall, we would really appreciate it. Please contact Fred at [fredhowe@willowwoodschool.ca](mailto:fredhowe@willowwoodschool.ca) or Jill Block [jillb@willowwoodschool.ca](mailto:jillb@willowwoodschool.ca) if you think you can help in this area.

## Computer learning

As mentioned in previous communications, we will be implementing a student device program for the 2021-22 school year. Unfortunately, it is not feasible to roll this out for 2020-21 as much as we would like to. We encourage all students to bring devices from home if they have them. We will also distribute Chromebooks in class on a needs basis.

## Physical Education

- Physical Education will begin the year with most or all its classes focused on outside activities ie: Cross Country Running, Soccer etc. with accommodations made to meet social distancing standards.
- Staff will clean and sanitize the gymnasium and supplies between classes
- Students will be encouraged to practice good hygiene before and after using the gym, equipment, and facilities.
- When reasonable and feasible, teachers will utilize outdoor classrooms, green spaces.

### Entry to Gymnasium

- Students will line up 6 ft (2 m) from one another when travelling to and waiting to enter the gym.
- High School students will line up on the wall opposite to the Science lab.
- LS/MS students will be supervised throughout and will follow their teacher directly into the Gym.
- Students will be asked to sanitize hands before entering the gym.
- Students must always wear their masks indoors.
- Socially distanced (at all times) outdoor activities do not require a mask to be worn.

### Change Room Protocol

- HS Students will use a staggered schedule to enter designated change rooms. They will be able to individually use the gymnasium changerooms, C1P, and the C-Hallway boys' bathroom.
- LS/MS students will not change and will attend school on days they have Gym wearing a clean WillowWood gym uniform.



### Exit from Gymnasium

- Once changed, students will line up, socially distanced, at the 'Warrior' logo painted on the south wall of the gym to await dismissal.
- Students will be asked to sanitize their hands before leaving the gym.

### Sanitation

- Teachers will sanitize all equipment used by a class before a later class can use it.
- The gymnasium floor and walls will be sanitized daily.

A detailed Physical Health Education Guide will be posted on myWillow at the beginning of the school year. Please visit our COVID Policy Update page on myWillow at <https://willowwoodschool.myschoolapp.com/app/#login> (myWillow → Resources → COVID Policy Update).

## MENTAL HEALTH & WELL BEING

WillowWood will continue to emphasize the importance of maintaining good mental health through our weekly meditation club and through the incorporation of mental health practices (community building, kindness, physical movement, gratefulness, being outside etc. into our daily routines. Staff attended a professional development workshop through School Mental Health Ontario to learn skills and strategies to better manage our students' well-being.

## SCHOOL ATTENDANCE POLICIES

As in the past, but now more than ever, we are encouraging families to keep their children home when they are sick or not feeling well (i.e. fever, body aches, chills, sore throat, upset stomach, diarrhea etc.).

When your child is absent from school due to COVID-19 (or any other reasons) we are asking parents to:

- Use the Ontario screening tool each day (<https://covid-19.ontario.ca/self-assessment>) and not allow your child to attend school if they fail the screening process (Appendix E)
- Contact the school via telephone (416) 444-7644, or email [heather@willowwoodschool.ca](mailto:heather@willowwoodschool.ca) on the day of the absence to inform the school of the student's diagnosis.
- If absences are confirmed due to COVID-19, parents will be asked to confirm their student's school activities to help with tracing.
- The student will not be permitted to return to school until the student's health care provider provides documentation indicating it is safe for the student to return to school.

Contact your child's teacher(s) if you would like your child to take part in regularly scheduled classes through zoom to keep up with his/her assignments and tests while you wait for the documentation.



## SAFE PRACTICES TRAINING

Prior to the start of the school year, all WillowWood staff will be trained in the areas of:

- Hand sanitizing/washing (Appendix K and L)
- Social distancing and the wearing of face masks
- Symptom recognition
- Understanding the virus
- Checking for social/emotional well being

Prior to the start of the school year, staff will train students in:

- Hand sanitizing/washing
- Social distancing and the wearing of face masks
- Understanding the virus
- Traffic flow in the school
- Illness and screening
- Water bottle usage
- Bathroom usage

Prior to the start of the school year, Parents will be offered training/documentation regarding:

- Screening for symptoms at home (Appendix N)
- Social distancing
- Wearing of face masks
- Hand sanitizing/washing
- Understanding the virus
- Checking for social emotional well being
- Drop and pickup routines

## VISITOR PROTOCOLS

Visitors to the school must have an appointment. Parents may enter the office without an appointment but may not enter the remaining parts of building without an appointment. Visitors should not enter the school if they have any of the symptoms mentioned in Appendix M and N, or identify with any of the travel/exposure history described in Appendix M.

- Visitors with appointments must undergo a temperature screening and health check before entering the school through the main entrance.
- Hand sanitize
- Go directly to the office to sign in
- Must wear a mask, social distance and obey all signage inside and outside the school

See Appendix O.

## PREVENTION OF TRANSMISSION

### Designated Isolation Area

WillowWood will have a designated isolation area for symptomatic students and staff when we head back to school in the Fall. The sick room and or an Administrator's office will be used for this purpose and to limit further contaminations:

A staff member with full PPE will provide supervision until the student is picked up by a parent, guardian, or designee. Students with symptoms of infectious disease will not remain with their classmates.

Unless there is a medical reason to prevent it, the ill student will wear a mask until a parent, guardian or designee picks him/her up.

The student will not be permitted to return to school until the student's health care provider has provided documentation indicating it is safe for the student to return to school.

Symptomatic Staff will leave the school immediately (if able) and will not return until symptoms have been confirmed/not confirmed as COVID 19.

### Contact Tracing

The applicable local health department will notify WillowWood School of any positive cases of COVID-19. The school will cooperate with the contact tracing investigation by providing information on carpools, classroom cohorts, lunch seating charts etc. that will allow quick identification of those at high risk of infection from the positive COVID-19 student, teacher, or staff member.

WillowWood School will initiate a 14-day quarantine of the at-risk individuals. This is the school's best defense against further spread of the viral illness. Online learning will be available to all affected during a time of selective quarantine and attendance records will not be affected should quarantine be mandated as long as a student completes their assigned work along with his/her class.

### Communication of Outbreak

WillowWood School will publicly communicate cases of outbreak of COVID-19 affecting international students in the following manner:

- An advisory statement will be placed on the COVID-19 section of the school's website
- Communication to all stakeholders will occur through the school's student information system, *myWillow*
- In the interest of privacy, the school will NOT identify the student or staff member that has received a positive COVID-19 test
- If TPH advises that the school or a cohort should be closed for a period of time, parents, students and staff will be notified immediately via email and the *myWillow* information system
- If TPH advises that the school or a cohort should be closed for a period of time information will be posted on the school's website advisory section

- We advise students, guardians, and parents to remain up to date with current, accurate messaging regarding COVID-19, including stigma, by referring to <https://www.who.int/docs/default-source/coronavirus/covid19-stigma-guide.pdf>

## **SITE CLOSURE – REMOTE INSTRUCTION**

It is the school's intention to keep the school open unless excessive absenteeism warrants closure or the Ontario or Federal government authorities once again mandate school closure.

Key components of WillowWood's remote instruction will be based on best practices which include:

- Continuity in learning
- Instruction and support for social and emotional well-being
- Structure to the day
- Combination of online learning and book work
- Student attendance – each day the teachers will confirm attendance by class and/or period/subject. If students are unable to join the Zoom classes, attendance will be recorded based on the submission of academic tasks assigned for that day.

## RESOURCES

City of Toronto “COVID-19 Guidance: Educational Institutions & Instructional Services”:  
<https://www.toronto.ca/home/covid-19/covid-19-reopening-recovery-rebuild/covid-19-reopening-guidelines-for-businesses-organizations/covid-19-guidance-educational-institutions/>

City of Toronto: “COVID-19 Guidance for the Re-Opening of Non-Publicly Funded Schools (JK to 12)”: <https://www.toronto.ca/wp-content/uploads/2020/08/9602-Re-opening-Non-Publicly-Funded-Schools.pdf>

CTV News: “Ottawa Public Health develops COVID-19 assessment tool for businesses”.  
<https://ottawa.ctvnews.ca/ottawa-public-health-develops-covid-19-assessment-tool-for-businesses-1.4946615>

Government of Ontario: “Approach to reopening schools for the 2020-2021 school year”:  
<https://www.toronto.ca/home/covid-19/covid-19-reopening-recovery-rebuild/covid-19-reopening-guidelines-for-businesses-organizations/covid-19-guidance-educational-institutions/>

Ontario Ministry of Health: “COVID-19 Reference Document for Symptoms”:  
[http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019\\_reference\\_doc\\_symptoms.pdf](http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_reference_doc_symptoms.pdf)

Public Health Ontario: “COVID-19 Resources”: <https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources>

Sick Kids: “Updated COVID-19: Guidance for School Reopening”:  
<http://www.sickkids.ca/PDFs/About-SickKids/81407-COVID19-Recommendations-for-School-Reopening-SickKids.pdf>

The Conversation: “How to use ventilation and air filtration to prevent the spread of coronavirus indoors”: <https://theconversation.com/how-to-use-ventilation-and-air-filtration-to-prevent-the-spread-of-coronavirus-indoors-143732>

World Health Organization: “Coronavirus disease (COVID-19) advice for the public: When and how to use masks”. <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>

## APPENDICES

### APPENDIX A - COVID-19 TRANSMISSION

## HOW DOES COVID-19 SPREAD?



Mainly spreads from close contact with an infected person when they cough, sneeze, or talk.

**ACTION:** Keep a distance of 6 feet (2 metres) from others.



The virus can land on surfaces and survive for hours, but does not spread easily this way.

**ACTION:** Clean surfaces and wash hands often.



People are most contagious when they are sick and 48 hours before they show symptoms.

**ACTION:** Stay home and self-isolate if you are sick.



The virus does not spread through the air, so building residents are not at greater risk from shared vents.

**ACTION:** Keep distance, especially in common areas.



Masks or face coverings can help protect others from your germs when used alongside handwashing, physical distancing, and staying home when sick.

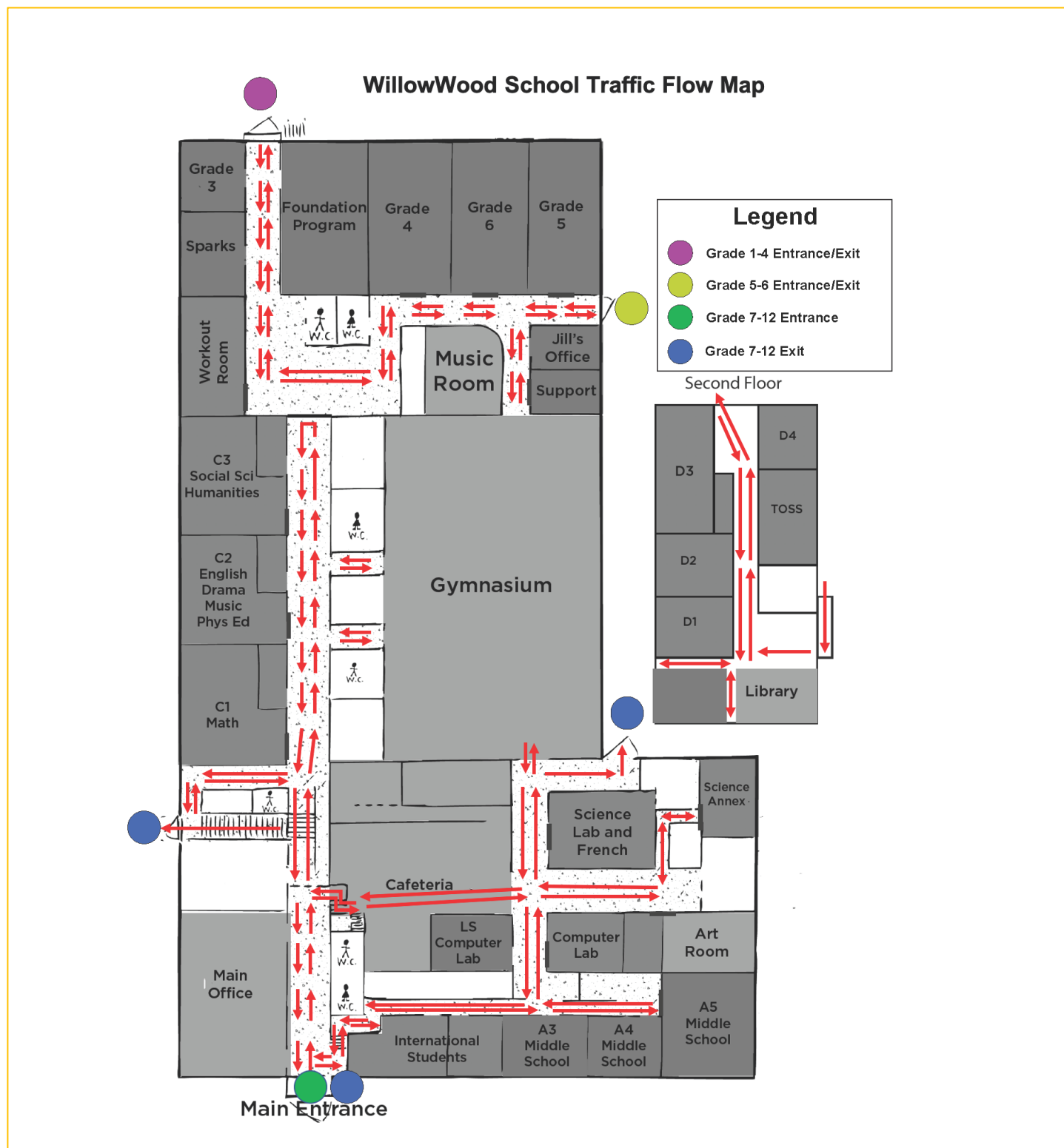
**ACTION:** Wear a mask or face covering.

[TORONTO.CA/COVID19](https://toronto.ca/covid19)

 **Toronto** Public Health



## APPENDIX B - TRAFFIC FLOW AND ENTRY/EXIT POINTS



## APPENDIX C - HOW TO WEAR NON-MEDICAL MASK

# HOW TO WEAR A NON-MEDICAL FABRIC MASK SAFELY

[who.int/epi-win](https://who.int/epi-win)

## Do's →



Clean your hands before touching the mask



Inspect the mask for damage or if dirty



Adjust the mask to your face without leaving gaps on the sides



Cover your mouth, nose, and chin



Avoid touching the mask



Clean your hands before removing the mask



Remove the mask by the straps behind the ears or head



Pull the mask away from your face



Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it



Remove the mask by the straps when taking it out of the bag



Wash the mask in soap or detergent, preferably with hot water, at least once a day



Clean your hands after removing the mask

## Don'ts →



Do not use a mask that looks damaged



Do not wear a loose mask



Do not wear the mask under the nose



Do not remove the mask where there are people within 1 metre



Do not use a mask that is difficult to breathe through



Do not wear a dirty or wet mask



Do not share your mask with others

**A fabric mask can protect others around you. To protect yourself and prevent the spread of COVID-19, remember to keep at least 1 metre distance from others, clean your hands frequently and thoroughly, and avoid touching your face and mask.**



**World Health Organization**



## APPENDIX D - HOW SAFELY WEAR A CLOTH MASK/FACE COVERING

# HOW TO SAFELY WEAR A CLOTH MASK OR FACE COVERING

- 

Before putting on the mask, wash your hands & secure hair away from your face.
- 

Place the mask snugly over your mouth & nose, making sure there are no gaps.
- 

Avoid touching your face & mask while using it. Do not leave the mask on your neck, forehead or hanging from your ear.
- 

Change your mask as soon as it gets damp or soiled.
- 

Remove the mask without touching the outside of the mask & launder it before wearing again.
- 

Wash your hands & clean any surfaces that the dirty mask touches.

TORONTO.CA/COVID19

 **TORONTO** Public Health

## APPENDIX E - FEATURES OF A GOOD CLOTH MASK

### A GOOD CLOTH MASK OR FACE COVERING SHOULD:



**2+ layers**

Be made of 2+ layers of woven fabric (e.g. cotton or linen)



Fit tightly to the head with ties or ear loops



Be easy breathing, comfortable & not require adjusting



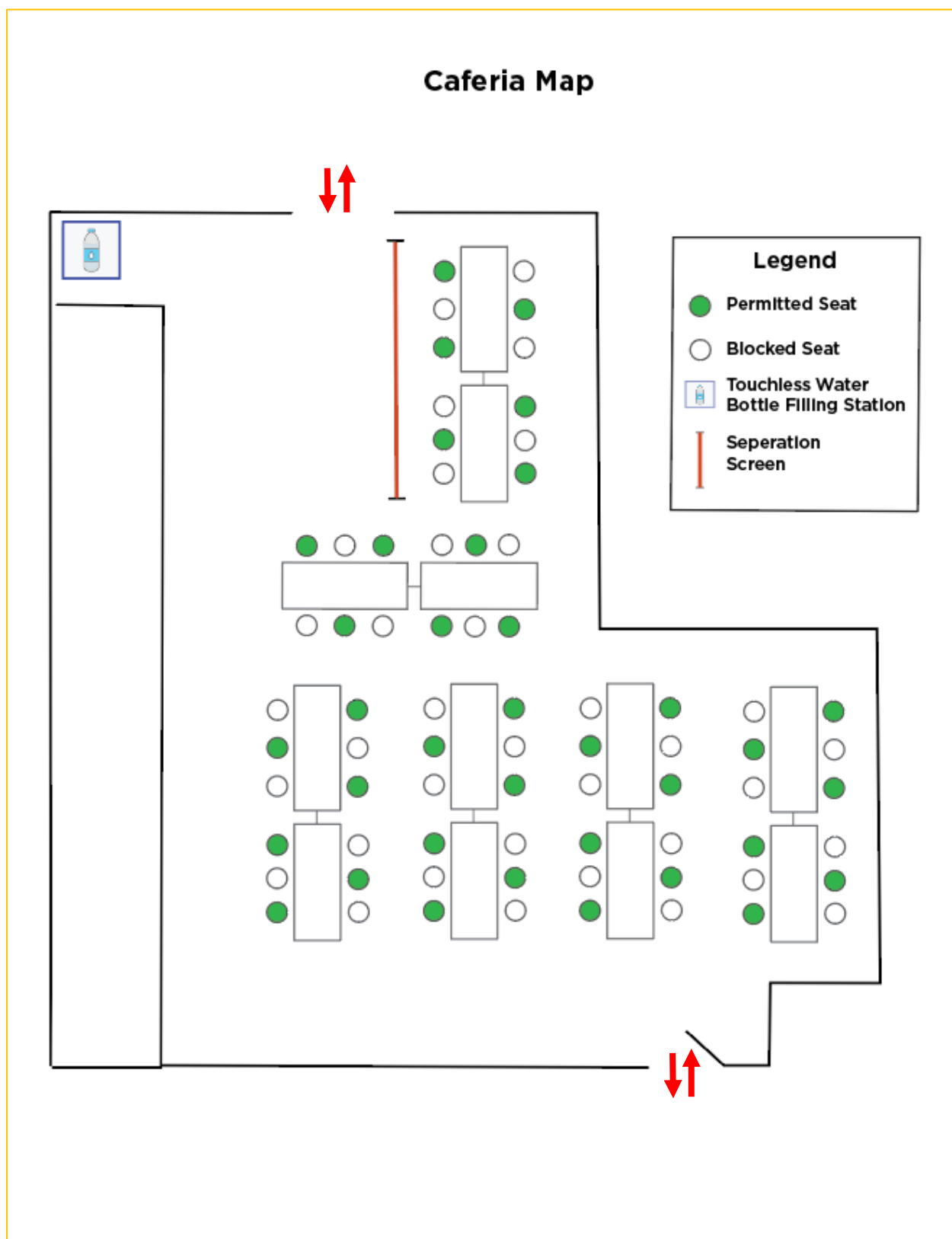
Maintain its shape after washing & drying



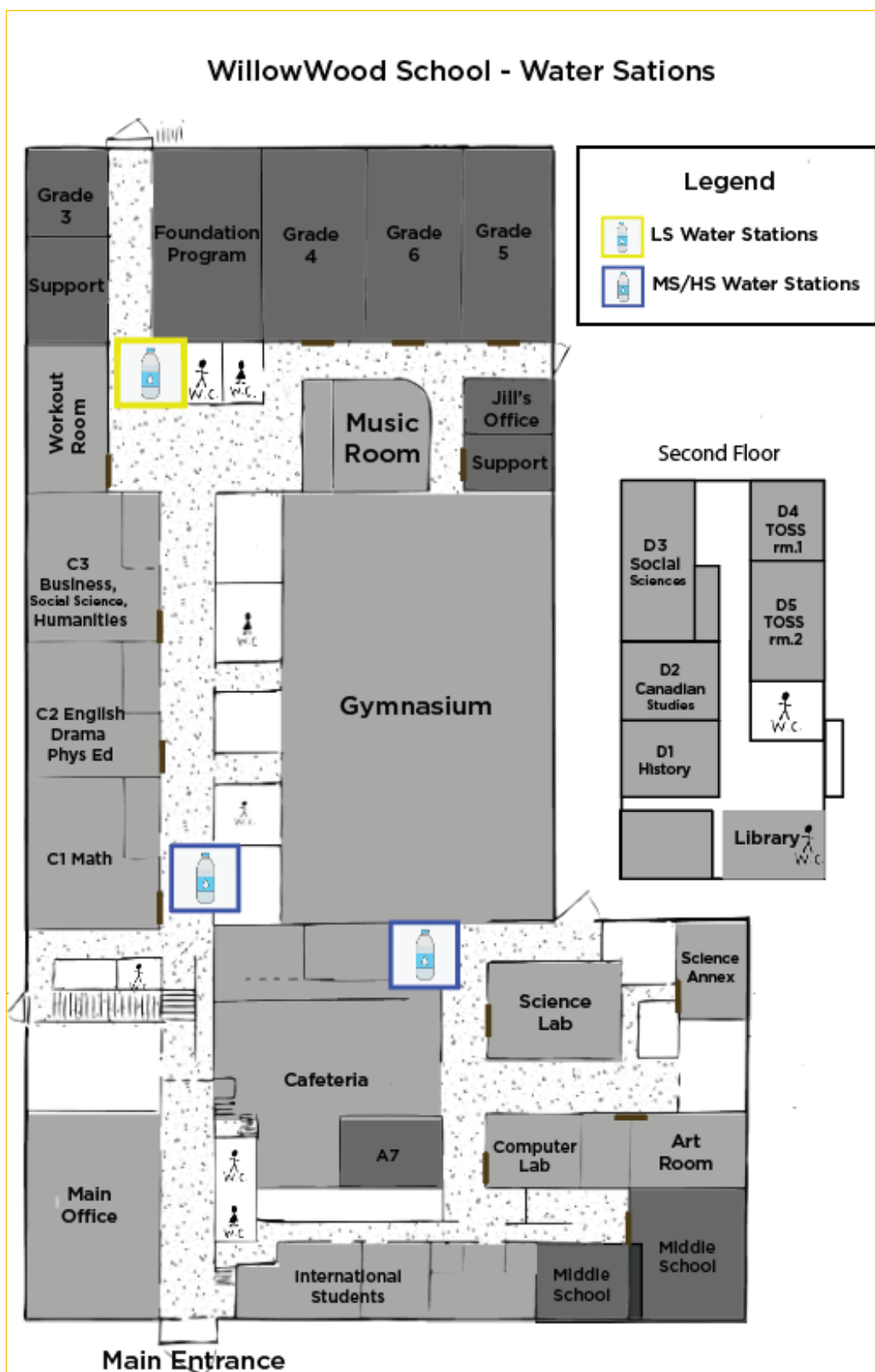
Be large enough to cover the nose & mouth without gaping

TORONTO.CA/COVID19
 **TORONTO** Public Health

## APPENDIX F - CAFETERIA SEATING AND LAYOUT



## APPENDIX G - WATER FILLING STATIONS

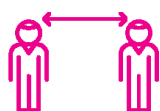


## APPENDIX H - WATER FILLING STATION SIGN

# WATER FILLING STATION



**Do not put your mouth or water bottle directly on the spout.**



**Stay 2 metres (6 feet) back until it is your turn.**



**Clean your hands after touching the water fountain.**



**Drink plenty of water to prevent over-heating.**



[toronto.ca/COVID19](https://toronto.ca/COVID19)

## APPENDIX I – AGENCIES

### Agencies Working with WillowWood School

<b>Choice Homestay:</b>	Stephanie Zeng <a href="mailto:stephaniezeng@choicestay.com">stephaniezeng@choicestay.com</a> 2750 14th Ave. 304 Markham ON L3R0B6
<b>CSTAR International Cultural Exchange:</b>	Steven Yuan <a href="mailto:steven.yuan@cstarice.com">steven.yuan@cstarice.com</a> 60 Mendelssohn Street Toronto ON M1L0G9
<b>Elim Canada:</b>	Caleb Kim <a href="mailto:elim.canada@gmail.com">elim.canada@gmail.com</a> 90 Eglinton Ave. West #111 M4R2E4
<b>STU-VIEW:</b>	Ryan Cha <a href="mailto:ryan@stu-view.com">ryan@stu-view.com</a> 2 St. Clair Ave. West #601 M4B1L5
<b>Hengxin International:</b>	Cecilia Shen <a href="mailto:sschen03@yahoo.com">sschen03@yahoo.com</a> 59 – 24 Fundy Bay Blvd. Scar. ON M1W3A4
<b>Education Global Investment Inc.</b>	Mable Wang <a href="mailto:aflu@egicanada.com">aflu@egicanada.com</a> 87 Briar Path Lane, Markham, Ontario L6C 2C7

## APPENDIX J – CONFIRMATION OF QUARANTINE REQUIREMENTS

### Confirmation of Quarantine requirements:

(The completion of this form is required prior to the student returning to school after returning to Canada from abroad)

I/We \_\_\_\_\_ custodian/parent of \_\_\_\_\_

D.O.B. \_\_\_\_\_ an international student at WillowWood School, confirm that the school has communicated the following information:

1. That I/we shall be monitoring the student for symptoms and have advised that the student will self-monitor as well.
2. That we should be using the ArriveCan app
3. That the accommodations where the student will be self-isolating meets the requirements of the Government of Canada for a suitable place to quarantine that meets the necessities of life.
4. The details regarding support for food, medical care, necessities of life
5. The details regarding support for COVID-19 infection control and training
6. The details regarding support for monitoring of quarantine through the 14-day period

\_\_\_\_ I/we confirm that the student above is symptom free and has a suitable isolation plan that ensures they will NOT be staying with vulnerable populations or living in a communal or group setting.

\_\_\_\_ I/We confirm that the student has taken at least one COVID-19 test during the 14-day quarantine.

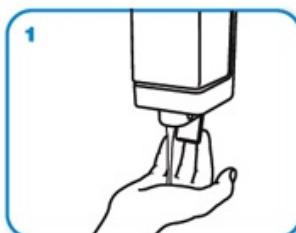
_____ Signature of Parent/Guardian	_____ Name (please print)	_____ Date
_____ Signature of Student	_____ Name (please print)	_____ Date

## APPENDIX K - HOW TO WASH YOUR HANDS

# WASH YOUR HANDS



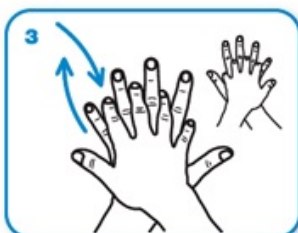
Wet hands with water



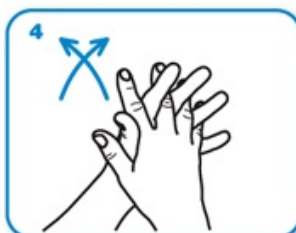
apply enough soap to cover all hand surfaces.



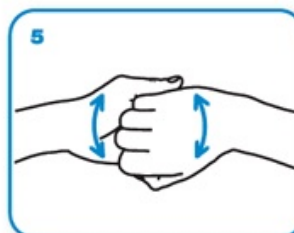
Rub hands palm to palm



right palm over left dorsum with interlaced fingers and vice versa



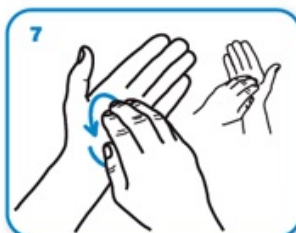
palm to palm with fingers interlaced



backs of fingers to opposing palms with fingers interlocked



rotational rubbing of left thumb clasped in right palm and vice versa



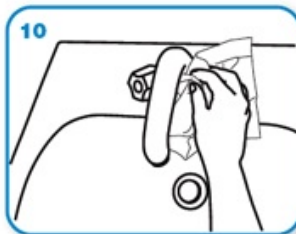
rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.



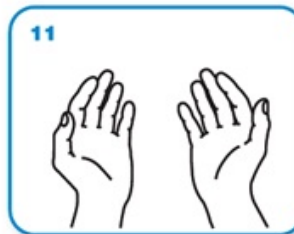
Rinse hands with water



dry thoroughly with a single use towel



use towel to turn off faucet

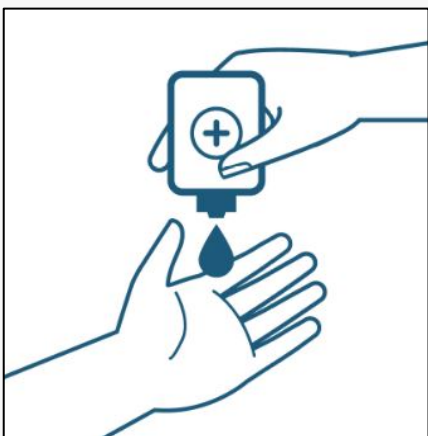


...and your hands are safe.

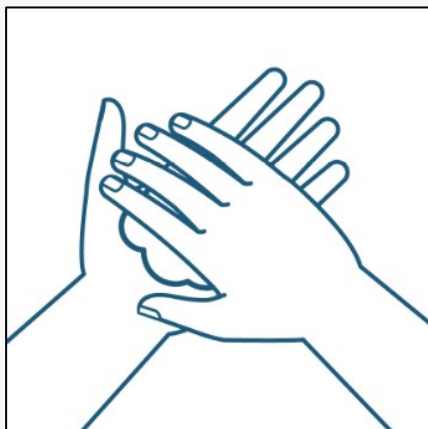


## APPENDIX L - HOW TO SANITIZE YOUR HANDS

# SANITIZE YOUR



1. Apply sanitizer (about one teaspoon) on the palm of your hand



2. Spread sanitizer over palms, back of hands, between and around fingers



6. Rubs hands together for 20 seconds. If hands feel dry in the first 15 seconds, apply more sanitizer.

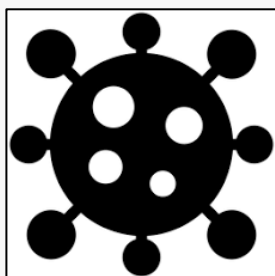
# VISITOR PROTOCOL



## Do not enter if:



You or someone you are in close contact with has travelled outside Canada in the past 14 days



You have been in close proximity to someone with a confirmed case of COVID-19



You have any of the following symptoms:

fever, cough, runny nose/nasal congestion, nausea, vomiting, diarrhea, shortness of breath, sore throat

# VISITOR PROTOCOL

Visits to the school are by appointment only  
(except emergencies)

Please follow these steps before entering the  
school:



Wear a mask



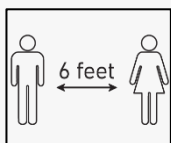
Sanitize your hands



Stand in front of the  
automatic temperature  
reader



Sign in at the office



Practice social distancing

# SELF - ASSESSMENT

## Checklist:

**Do you have any of the following:**



**Fever**



**Cough**



**Shortness of breath**



**Sore throat**



**Runny nose**



**Feeling unwell**

Yes ☐ Have you been in close contact with someone who is  
No ☐ sick or has confirmed COVID-19 in the past 14 days?

Yes ☐ Have you returned from travel outside Canada in the  
No ☐ past 14 days?

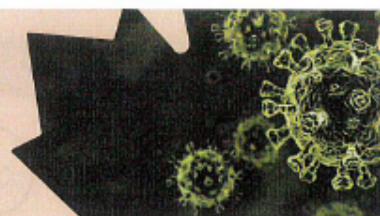
**If you answered yes to any of the questions, do not enter the school. Consider staying home, self-isolating, or seeking the advice of a medical professional.**



## APPENDIX Q – QUARANTINE PROTOCOL

### Coronavirus disease (COVID-19)

You may have come into contact with the virus that causes COVID-19



#### Mandatory quarantine

The Government of Canada has put in place emergency measures to slow the introduction and spread of COVID-19 in Canada. You **MUST QUARANTINE for 14 days**, provide contact information and monitor yourself for symptoms subject to any Order made under the Quarantine Act imposing isolation or quarantine requirements upon entry.

Your compliance is subject to verification and enforcement. Those in violation may face transfer to a quarantine facility, as well as fines and/or imprisonment. Keep this instruction handout to support your compliance with the requirements outlined below.

- › Ensure you have a **suitable place of quarantine** that has access to the necessities of life and is not shared with those at risk of more severe disease.
- › **Do not quarantine in places you can't separate yourself** from those who live with you. For example:
  - › in a group or communal living setting;
  - › in a household with large families or many people;
  - › in a shared small apartment, or have roommates who have not travelled with you; or
  - › at a camp, student dorm or other group setting where there is close contact and shared common spaces.
- › **Go directly to your place of quarantine** without delay and stay there for 14 days from the date you arrived in Canada.
- › You **must** wear a **suitable non-medical mask or face covering** while in transit, unless you are alone in a private vehicle.
- › **Practise physical distancing** at all times.
- › **Where possible, use only private transportation** such as a private vehicle to reach your place of quarantine.
- ✗ **Avoid contact with others** while in transit:
  - › Remain in the vehicle as much as possible;
  - › If you need gas, pay at the pump;
  - › If you need food, use a drive through;
  - › If you need to use a rest area, put on your mask and be mindful of physical distancing and good hygiene practices.

#### Some provinces and territories have additional travel restrictions

Please refer to the list of provincial and territorial websites on the back of this handout for more information.

#### You MUST monitor your health for 14 days

If you start experiencing any symptoms of COVID-19 (new or worsening cough, shortness of breath, fever equal to or greater than 38°C, chills, fatigue or weakness, muscle or body aches, new loss of smell or taste, headache, gastrointestinal symptoms like abdominal pain, diarrhea, vomiting; or feeling very unwell):

- › Isolate yourself from others;
- › Follow the COVID-19 instructions of the local public health authority (see back for contact information).

The 14-day period starts again if, during your quarantine period, you develop any signs and symptoms of COVID-19, including those noted above, or if you are exposed to another person subject to these Orders who exhibits signs and symptoms or tests positive for COVID-19.

- › For information on flights, cruise ships or trains (any public conveyance) where you may have been exposed to COVID-19 during recent travel, please refer to [www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice/exposure-flights-cruise-ships-mass-gatherings.html](http://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice/exposure-flights-cruise-ships-mass-gatherings.html)
- › For information on risk factors for increased exposure to COVID-19 and/or more severe disease or outcomes please refer to [www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html](http://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html)



## To help reduce the spread of COVID-19



Go directly to your place of quarantine, and avoid making any stops while in transit.



Check-in within 48 hours of arrival through the ArriveCAN app, online at <https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca> or call 1-833-641-0343.



Report your symptoms through the ArriveCAN app, online at <https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca> or call 1-833-641-0343 every day until the end of your 14-day quarantine.

## What you can and cannot do during your 14-day quarantine

### PROHIBITED during quarantine

- ✗ You may not leave your place of quarantine unless it is to seek time-sensitive medical services, or you have received authorization for a limited release from quarantine on compassionate grounds and stringently follow directives provided.
- ✗ You may not have any guests even if you are outside and stay 2m apart from them.
- ✗ Do no use shared spaces such as lobbies, courtyards, restaurants, gyms or pools.

### PERMITTED during quarantine

In your place of quarantine you may:

- › Live with family/friends who have not travelled with you provided you have a separate bedroom and bathroom, if possible.
- › Use shared spaces such as a kitchen, provided you:
  - › limit interactions with others in the household and wear a mask or face covering if a 2m distance cannot be maintained;
  - › thoroughly and regularly clean common areas after use.
- › Use private outdoor spaces (i.e. balcony)

### RECOMMENDED during quarantine

- Wash your hands often with soap and warm water or use an alcohol-based hand sanitizer containing at least 60% alcohol.
- Avoid touching your face.
- Cover your mouth and nose with your arm when you cough or sneeze.

You will be called from 1-888-336-7735 to verify your compliance during your 14-day quarantine.

Note that you may also be contacted by provincial/territorial authorities throughout your 14-day isolation. If federal and provincial/territorial guidelines differ, you should follow the most precautionary and stringent requirements.

## Public Health Authorities

Provinces and territories	Telephone number	Website
British Columbia	811	<a href="http://www.bccdc.ca/covid19">www.bccdc.ca/covid19</a>
Alberta	811	<a href="http://www.myhealth.alberta.ca">www.myhealth.alberta.ca</a>
Saskatchewan	811	<a href="http://www.saskhealthauthority.ca">www.saskhealthauthority.ca</a>
Manitoba	1-888-315-9257	<a href="http://www.manitoba.ca/covid19">www.manitoba.ca/covid19</a>
Ontario	1-866-797-0000	<a href="http://www.ontario.ca/coronavirus">www.ontario.ca/coronavirus</a>
Quebec	1-877-644-4545	<a href="http://www.quebec.ca/en/coronavirus">www.quebec.ca/en/coronavirus</a>
New Brunswick	811	<a href="http://www.gnb.ca/publichealth">www.gnb.ca/publichealth</a>
Nova Scotia	811	<a href="http://www.nshealth.ca/public-health">www.nshealth.ca/public-health</a>
Prince Edward Island	811	<a href="http://www.princeedwardisland.ca/covid19">www.princeedwardisland.ca/covid19</a>
Newfoundland and Labrador	811 or 1-888-709-2929	<a href="http://www.gov.nl.ca/covid-19">www.gov.nl.ca/covid-19</a>
Nunavut	1-867-975-5772	<a href="http://www.gov.nu.ca/health">www.gov.nu.ca/health</a>
Northwest Territories	811	<a href="http://www.hss.gov.nt.ca">www.hss.gov.nt.ca</a>
Yukon	811	<a href="http://www.yukon.ca/covid-19">www.yukon.ca/covid-19</a>

ID 04-22-01 / DATE 2020.10.07

For more information: ☎ 1-833-784-4397 @ [Canada.ca/coronavirus](https://Canada.ca/coronavirus)

## APPENDIX R – QUARANTINE PROTOCOL (KOREAN)



CORÉEN / KOREAN

## 코로나바이러스감염증(코로나19)

귀하는 코로나19를 일으키는 바이러스에 접촉하였을 수도 있습니다.

## 의무적인 자가격리

캐나다 정부는 코로나19의 유입 및 확산을 방지하기 위해 긴급 조치를 시행하고 있습니다. 귀하는 입국 시 격리 또는 자가격리 요건을 부과하는 '격리법'하의 모든 명령에 따라 연락처를 제공하고, 14일간 자가격리하며 자신의 증상을 모니터링해야 합니다.

이 명령의 시행을 위해 검증과 강제 집행이 이루어질 수도 있습니다. 위반자는 격리 시설로의 이송뿐만 아니라 벌금 및/또는 징역에도 처해질 수 있습니다. 아래 설명된 요건을 준수하는 데 도움이 되도록 이 안내 자료를 보관하십시오.

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| <ul style="list-style-type: none"> <li>✓ 생필품이 갖춰지고, 더 심각한 질병에 이를 위험이 있는 사람과 함께 사용하지 않는 <b>적절한 자가격리 장소</b>가 있어야 합니다.</li> <li>✓ 다음과 같이, 함께 거주하는 사람들과 접촉이 불가피한 곳을 자가격리 장소로 선택하지 마십시오.               <ul style="list-style-type: none"> <li>✓ 집단 또는 공동 주거 시설</li> <li>✓ 대가족 또는 많은 사람이 거주하는 가구</li> <li>✓ 다른 사람과 함께 거주하는 작은 아파트, 여행에 동반하지 않은 룸메이트가 있는 거주지, 또는 밀접 접촉을 하고 공용 공간을 함께 사용하는 캠프, 학교 기숙사 또는 기타 집단 시설</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>✓ <b>지체없이 자가격리 장소로 바로 이동한 후, 캐나다 도착일로부터 14일간 그곳에 머무르십시오.</b></li> <li>✓ 개인 차량에 혼자 있는 경우 외에는 이동 중 <b>비의료용 마스크 또는 얼굴 가리개를 착용해야</b> 합니다.</li> <li>✓ 항상 <b>물리적 거리두기</b>를 실천하십시오.</li> <li>✓ <b>가능하면 자가격리 장소로 이동할 때 개인 차량 등 개인 교통 수단만 이용하십시오.</b></li> <li>× 이동 중 <b>다른 사람과의 접촉을 피하십시오.</b> <ul style="list-style-type: none"> <li>✓ 가능한 한 차량 안에 머무르십시오.</li> <li>✓ 주유가 필요한 경우 주유기에서 결제하십시오.</li> <li>✓ 음식이 필요한 경우 드라이브 스루를 이용하십시오.</li> <li>✓ 휴게소를 이용해야 하면 마스크를 착용하고 물리적 거리두기와 철저한 위생관리를 실천하십시오.</li> </ul> </li> </ul> |
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일부 주/준주는 추가적인 여행 제한 조치를 시행하고 있습니다.

(예: 해당 주/준주로의 비필수적 여행 금지, 해당 주/준주 내 특정 지역 방문 제한 등).

자세한 사항은 이 안내자료 뒷면에 있는 주/준주 웹사이트를 참조하십시오.





## 자신의 건강 상태 14일간 모니터링

코로나19 증상(새로 시작되거나 심해지는 기침, 호흡 곤란, 38°C 이상 고열, 오한, 피로 또는 무력, 근육통 또는 몸살, 후각 및 미각 상실, 두통, 소화기 증상(복통, 설사, 구토 등) 또는 매우 아픈 느낌) 중 하나라도 나타나면 다음 사항을 지켜십시오.

- 다른 사람과의 접촉을 피하십시오.
- 지역 공중보건당국의 코로나19 안내를 따르십시오(연락처는 뒷면 참조).

격리 기간 중 위에서 언급한 증상을 포함한 코로나19의 징후 또는 증상이 나타나거나, 코로나19의 징후/증상을 보이거나 검사에서 양성 판정을 받아 이 명령의 적용을 받는 사람에게 노출된 경우 14일간의 기간은 다시 시작됩니다.

- 최근 여행 중 코로나19에 노출되었을 가능성이 있는 항공편, 크루즈 또는 열차(모든 대중 교통) 관련 정보는 다음 웹사이트 참조: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice/exposure-flights-cruise-ships-mass-gatherings.html>
- 코로나19에 대한 노출 증가에 따른 위험 요소 및/또는 더욱 심각한 질병이나 상태에 대한 정보는 다음 웹사이트 참조: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks.html>.

코로나19의 확산을 막는 데 도움이 되는 행동 수칙

격리 장소로  
바로 이동하고,  
도중에 다른  
장소에 들르지  
마십시오.

도착 후 48시간 이내에  
체크인하십시오.  
앱(ArriveCAN),  
온라인(<https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca>)  
또는 전화(1-833-641-0343)를  
이용하시면 됩니다.

14일간의 격리 기간이 끝날  
때까지 매일 자신의 증상을  
앱(ArriveCAN),  
온라인(<https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca>)  
또는 전화(1-833-641-0343)로  
보고하십시오.



### 14일간의 격리 기간 중 허용 및 금지 사항

격리 중 금지	격리 중 허용
<ul style="list-style-type: none"> <li>• 긴급한 치료를 위한 경우, 또는 특별 배려에 따라 제한적 격리 해제 인가를 받고 지침을 엄격히 따르는 경우 외에는 격리 장소를 떠날 수 없습니다.</li> <li>• 실외에서 2m 거리를 두는 경우에도 손님을 받을 수 없습니다.</li> <li>• 로비, 안뜰, 레스토랑, 헬스장, 수영장 등의 공용 공간을 사용하지 마십시오.</li> </ul>	<p>자가격리 장소에서 다음 사항은 허용됩니다.</p> <ul style="list-style-type: none"> <li>• 별도의 침실과 욕실이 있는 경우, 여행에 동반하지 않은 가족/친구와 함께 거주</li> <li>• 다음 사항을 지키며 주방 등 공용 공간 사용             <ul style="list-style-type: none"> <li>○ 가구 내에서 다른 사람과 접촉을 제한하고, 2m 거리두기가 불가능한 경우 마스크나 얼굴 가리개 착용</li> <li>○ 공용 공간 사용 후 주기적으로 철저히 청소</li> </ul> </li> <li>• 사적인 실외 공간(발코니 등) 사용</li> </ul>
격리 중 권고	
<div>비누와 따뜻한 물로 손을 자주 씻거나 60% 이상의 알코올을 함유한 손 세정제 사용</div>	<div>얼굴 만지지 않기</div> <div>기침이나 재채기할 때 팔로 입과 코 가리기</div>
<p>14일 동안 자가격리 준수 여부를 확인하기 위해 1-888-336-7735번에서 전화를 드립니다.</p> <p>14일의 자가격리 기간 동안 주/준주 당국에서 연락을 취할 수도 있습니다. 연방 및 주/준주 지침이 서로 다를 경우, 가장 예방적이고 엄격한 요건을 따르셔야 합니다.</p>	



## 공중보건당국

주/준주	전화번호	웹사이트
브리티시컬럼비아주	811	<a href="http://www.bccdc.ca/covid19">www.bccdc.ca/covid19</a>
알버타주	811	<a href="http://www.myhealth.alberta.ca">www.myhealth.alberta.ca</a>
사스카추원주	811	<a href="http://www.saskhealthauthority.ca">www.saskhealthauthority.ca</a>
마니토바주	1-888-315-9257	<a href="http://www.manitoba.ca/covid19">www.manitoba.ca/covid19</a>
온타리오주	1-866-797-0000	<a href="http://www.ontario.ca/coronavirus">www.ontario.ca/coronavirus</a>
퀘벡주	1-877-644-4545	<a href="http://www.quebec.ca/en/coronavirus">www.quebec.ca/en/coronavirus</a>
뉴브런즈윅주	811	<a href="http://www.gnb.ca/publichealth">www.gnb.ca/publichealth</a>
노바스코샤주	811	<a href="http://www.nshealth.ca/public-health">www.nshealth.ca/public-health</a>
프린스에드워드아일랜드주	811	<a href="http://www.princeedwardisland.ca/covid19">www.princeedwardisland.ca/covid19</a>
뉴펀들랜드 앤 레브라도주	811 또는 1-888-709-2929	<a href="http://www.gov.nl.ca/covid-19">www.gov.nl.ca/covid-19</a>
누나부트준주	1-867-975-5772	<a href="http://www.gov.nu.ca/health">www.gov.nu.ca/health</a>
노스웨스트준주	811	<a href="http://www.hss.gov.nt.ca">www.hss.gov.nt.ca</a>
유콘준주	811	<a href="http://www.yukon.ca/covid-19">www.yukon.ca/covid-19</a>

## 자세한 정보:

**1-833-784-4397**

**[canada.ca/coronavirus](http://canada.ca/coronavirus)**

ID: 04-22-02 / DATE: 2020.10.07

## APPENDIX S – QUARANTINE PROTOCOL (CHINESE – SIMPLIFIED)

CHINOIS SIMPLIFIÉ / SIMPLIFIED CHINESE



## 冠状病毒疾病 (COVID-19)

您可能已接触到导致 COVID-19 的病毒

## 强制免疫隔离

加拿大政府已采取紧急措施，以减缓 COVID-19 在加拿大的引入和传播。根据《在加拿大最小化 COVID-19 冠状病毒疾病暴露风险（强制隔离）令》第 4 号令，您必须实行免疫隔离 14 天，提供联系方法，并监控自己的症状。

您对本命令的遵守情况将受到监控、验证和执法。违规者可能会面临转移至检疫设施中隔离以及罚款和/或入狱。

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| <ul style="list-style-type: none"> <li>✓ 确保您有适当的隔离地点，可以获得生活必需品。</li> <li>✓ 直接前往您要执行免疫隔离的地点，不得延误，并从抵达加拿大之日起在那里停留 14 天。</li> <li>✓ 在转移过程中，您必须佩戴适当的口罩或面罩。</li> <li>✓ 随时保持身体距离。</li> <li>✓ 尽可能使用私人交通工具前往隔离地点，例如私家车。</li> </ul> | <ul style="list-style-type: none"> <li>× 请勿在前往免疫隔离地点的途中做任何不必要的停留。</li> <li>× 避免在转移途中同他人接触：               <ul style="list-style-type: none"> <li>✓ 尽可能留在车辆中；</li> <li>✓ 如果您需要加油，请在油泵处付款；</li> <li>✓ 如果您需要食物，请使用得来速通道；</li> <li>✓ 如果需要使用休息区，请戴上口罩，并注意保持身体距离和良好的卫生习惯。</li> </ul> </li> </ul> |
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一些省和地区还有其它旅行限制  
(例如，不准非必要的旅行入省，限制访问省内某些地区等)。

有关更多信息，请参阅本材料背面的省和地区网站列表。

请注意，在 14 天的隔离期内，省/地区卫生当局也可能与您联系。如果联邦与省/地区指南有不同，您应遵循最谨慎和最严格的要求。



Agence de la santé  
publique du Canada

Public Health  
Agency of Canada

Canada



## 您必须监测自身健康 14 天

### 发烧 咳嗽 呼吸困难

如果您开始感到任何 COVID-19 的症状（咳嗽、呼吸急促、发烧达到或超过 38°C 或有发烧迹象，例如发抖，皮肤潮红或出汗过多）：

- 将自己与他人隔离。
- 请与您当地的公共卫生部门联系（请参阅背面以获取联系信息）并遵循其指示。

如果您在隔离期间出现了 COVID-19 的任何迹象和症状，包括上面提到的那些症状，或如果您接触了有 COVID-19 迹象和症状的人或检测呈阳性的人，则要重新开始 14 天的隔离期。

了解 COVID-19 常见的其它症状，或了解哪些风险因素会增加接触到 COVID-19 和/或较严重疾病的机会，请参阅 <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms.html#s>。

## 为帮助减少 COVID-19 的传播

直接前往隔离地点，并避免在转移过程中做任何停留。

到达后 48 小时内，在线通过 ArriveCAN app (<https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca>) 或拨打 1-833-641-0343 报到。

在线通过 ArriveCAN app (<https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca>) 或拨打 1-833-641-0343 每天报告症状直到 14 天隔离结束。





## 14 天免疫隔离期间您可以做什么和不能做什么

隔离期间禁止	隔离期间允许
<ul style="list-style-type: none"> <li>除非要寻求医疗协助，否则您不得离开隔离地点。</li> <li>即使您在户外并且与他人保持 2 米的距离，也不可以接待任何访客。</li> </ul>	<ul style="list-style-type: none"> <li>在隔离地点，您可以使用提供给您的公用空间或私人户外空间： <ul style="list-style-type: none"> <li>避免接触未曾与您一同旅行过的人；</li> <li>用过的空间要消毒；</li> <li>如果无法与其他居住在隔离地点的人保持 2 米的距离，请佩戴适当的非医用口罩或面罩。</li> </ul> </li> </ul>
<h3>推荐您在隔离期间</h3> <div> <div>经常用肥皂和温水洗手，或使用酒精含量至少为 60% 的酒精洗手液。</div> <div>避免触摸自己的脸。</div> <div>咳嗽或打喷嚏时要用胳膊遮住口鼻。</div> </div>	
<p>在 14 天的隔离期当中，将有人从 1-888-336-7735 给您打电话，查验您是否按要求进行了隔离。</p>	



## 公共卫生部门

省和地区	电话号码	网站
不列颠哥伦比亚省	811	<a href="http://www.bccdc.ca/covid19">www.bccdc.ca/covid19</a>
阿尔伯塔省	811	<a href="http://www.myhealth.alberta.ca">www.myhealth.alberta.ca</a>
萨斯喀彻温省	811	<a href="http://www.saskhealthauthority.ca">www.saskhealthauthority.ca</a>
马尼托巴省	1-888-315-9257	<a href="http://www.manitoba.ca/covid19">www.manitoba.ca/covid19</a>
安大略省	1-866-797-0000	<a href="http://www.ontario.ca/coronavirus">www.ontario.ca/coronavirus</a>
魁北克省	1-877-644-4545	<a href="http://www.quebec.ca/en/coronavirus">www.quebec.ca/en/coronavirus</a>
新不伦瑞克省	811	<a href="http://www.gnb.ca/publichealth">www.gnb.ca/publichealth</a>
新斯科舍省	811	<a href="http://www.nshealth.ca/public-health">www.nshealth.ca/public-health</a>
爱德华王子岛省	811	<a href="http://www.princeedwardisland.ca/covid19">www.princeedwardisland.ca/covid19</a>
纽芬兰与拉布拉多省	811 或 1-888-709-2929	<a href="http://www.gov.nl.ca/covid-19">www.gov.nl.ca/covid-19</a>
努纳武特区	1-867-975-5772	<a href="http://www.gov.nu.ca/health">www.gov.nu.ca/health</a>
西北地区	811	<a href="http://www.hss.gov.nt.ca">www.hss.gov.nt.ca</a>
育空地区	811	<a href="http://www.yukon.ca/covid-19">www.yukon.ca/covid-19</a>

更多的信息请查询：

**1-833-784-4397**

**[canada.ca/coronavirus](http://canada.ca/coronavirus)**

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## APPENDIX T – COVID-19 DECISION TOOL FOR SCHOOL STUDENTS (JK-12)

Effective October 1<sup>st</sup>, the provincial Ministry of Health has updated COVID-19 symptom screening for students JK-12.

Screening is now divided into two groups of symptoms:

### 1. Symptoms



Fever >37.8°C



Cough



Difficulty breathing



Loss of taste or smell

### 2. Symptoms



Sore throat, painful swallowing



Stuffy/runny nose



Headache



Nausea, vomiting, diarrhea



Feeling unwell, muscle aches, tired

### Daily Self-Screening for Students

Every student must complete a daily self-screening questionnaire before going to school. Students with chronic symptoms due to a medically diagnosed condition other than COVID-19, should look for **new, different or worsening symptoms**.

In most scenarios, students may be excluded from school:

- (A) If the student has been in **close contact** with a person who has COVID-19, the student will need to self-isolate for 14 days, even if they don't have symptoms. If the student has symptoms, their household members will need to stay home and self-isolate until COVID-19 is ruled out.
- (B) If the student has **travelled** outside of Canada they must self-isolate for 14 days. Their household members do not need to self-isolate if they have not travelled, if they don't have symptoms of COVID-19, and if they are not a close contact of a positive case.

### Students without symptoms

If a student does not have symptoms of COVID-19, he/she may attend school, if they are not a close contact (A) or have travelled outside of Canada (B).

### Students with symptoms

1. If a student has any **new or worsening symptoms of [fever, cough, difficulty breathing or loss of taste/smell]**: The student must stay home, self-isolate, and get tested or contact their health care provider. The student's household members will have to self-monitor for symptoms. They may go to school or work if they don't have symptoms, and the student is not a close contact of someone with COVID-19 (A).
2. If a student has **ONE of the following symptoms of [sore throat, stuffy/runny nose, headache, nausea/vomiting/diarrhea, muscle ache/fatigue]**: The student must stay home for 24 hours. If the symptom is improving, they can return to school 24 hours later. Testing is not needed. If the symptom is not improving after 24 hours or is getting worse, the student should stay home, self-isolate and get tested or contact their health care provider.
3. If a student has **TWO of the following symptoms of [sore throat, stuffy/runny nose, headache, nausea/vomiting/diarrhea, muscle ache/fatigue]**: The student must stay home, self-isolate for 10 days, and get tested or contact their health care provider.



### Students with a Laboratory Confirmed Positive COVID-19 Test

- Students they must stay home and self-isolate for 10 days from the day the symptoms first appear. They may return to school after 10 days if they do not have a fever (without use of medication), and their symptoms have been improving for at least 24 hours.
- Students without symptoms must stay home and self-isolate for 10 days, from the day the test was done.
- Family members of the student who test positive should self-isolate and follow public health advice.

### Students with Negative Test

Students can go back to school if their symptoms have been improving for 24 hours, and if they are not a close contact of someone with COVID-19 (A) or have travelled outside of Canada (B).

### Students who are not tested – Alternative diagnosis

- Students with an alternative diagnosis from a health care provider that is **not** related to COVID-19 can go back to school once their symptoms have been improving for 24 hours. Family members without symptoms, should self-monitor, and can go back to school or work.

### Students who are not tested for COVID-19

- If a student is not tested and has any new or worsening symptoms not related to an existing medical condition:
  - **ONE of the following symptoms:** fever, cough, difficulty breathing or loss of taste/smell.
  - **ONE of the following symptoms that does not improve in 24 hours:** sore throat, stuffy/runny nose, headache, nausea/ vomiting/diarrhea, muscle ache/fatigue.
  - **TWO of the following symptoms:** sore throat, stuffy/runny nose, headache, nausea/ vomiting/diarrhea, muscle ache/fatigue].
- The student must self-isolate for **10 days** from the date their symptom(s) first appear. They may return to school after 10 days if they do not have a fever (without taking medication), and their symptoms are improving for 24 hours.

### Students who are close contacts of someone with COVID-19

- Students in close contact with a person with COVID-19 must stay home and self-isolate for **14 days** from their last date of exposure.

### Back to School Confirmation Form

- Parents can complete a "[Back to School Confirmation Form](#)" to provide to the school to confirm the child is safe to return to school.
- Toronto Public Health is not recommending or requiring medical notes for return to school.